

Super Sprint Triathlon - Bannatynes Wellingborough 2018 Race Report

Bright and early Sunday morning saw competitors gathering for the first Wellingborough Super Sprint Triathlon. After Saturday's sunshine we were greeted with a slightly misty and overcast morning but this did nothing to dampen the spirits of those taking part.

After registration inside the Health Club, bikes were racked and transition laid out for the race ahead. Once the briefing was done then it was off to the pool to do the 200m swim, the marshals activating the timing chips as each triathlete was released to do their 10 lengths in order of their estimated swim time. This made for some interesting racing as no one is completely sure of their race position until the race is complete. Quickest swim for the men was Craig Reilly with an impressive 02:44, closely followed by James Mullholland and Chris Bell with just 500th of a second separating the two, a trend that was to continue throughout the race. For the women less than a minute separated Deborah Collins, Kerys Arundell and Liesl Wigglesworth in the pool.

It was a quick dash down the side of the building after the swim to pick up their bikes for the 3 laps around the bike course



In this sector Christopher Jones was quickest with a time of 17.58, this time it was Matt Reamsbottom (18:16) and Chris Bell (18.24) battling it out for 2nd and 3rd with only 0:08 of a second separating them. It was a similar story for the ladies with Katharine Baxter-Smith fastest with a time of 21:06, closely followed by 21:57 for Louise Maynard and 22:47 for Jessica Wynn-Werninck

Once the bikes were safely back in transition, out on the run the final race positions were being decided. Chris Bell was the quickest in this sector with a run time of 8:58, followed by James Mullholland and Christopher Jones, a pattern that was to be repeated in the final result. Katherine Baxter-Smith has a storming run finishing way ahead with a time of 9:43, with only the slightest of margins separating Alison Evans-Smith and Elisabeth Gravestock 2nd and 3rd fastest female runners.



So that leads us to the final results. In the Men's race Chris Bell from Northants Tri was first with an overall time of 32:35, in second place with an unbelievably close time of 32:38 was James Mulholland, and closely followed by Christopher Jones from Wellingborough and District AC with a time of 33.06, yes that's just over 30 seconds separating the top three.



In the ladies race Katharine Baxter-Smith triumphed with an overall time of 40:12, in second place (and missing from the presentation as she didn't realise how well she had done!) was Louise Maynard with a time of 42:14, and in third place was Jessica Wynn-Werninck with an overall time of 44.49. All three ladies flying the flag for the Wellingborough and District AC.



For many this was their first triathlon and we hope that we provided a great introduction to this exciting sport, a few emails tell me this won't be the last for a lot of them.



And finally...

As always a big thank you goes out to the marshals who helped ensure that it was a safe and enjoyable race, and the support of the technical staff of Triathlon England

To Ben and the staff of Bannatynes Health Club for providing a great venue for the race, and Catherine from Wattbike for taking the time to talk to the competitors about training

Lastly to Adrian Howes for some great event pictures.

The next event on our triathlon calendar is the Sprint Triathlon at Pitsford on the 6th May, please [click here](#) for more information

**Simon
Go Beyond**