

Wellingborough Cycles Castle Ashby Duathlons 2016

Race Report

We made a little bit of history yesterday. The first multisport race held in the estate of Castle Ashby House and Gardens. And we had a glorious morning for it.



First off at 08:30 were the Standard distance competitors followed by the Sprint distance athletes at 09:00. In the standard distance race David Course from Bedford Harriers took the lead in the first run with a time of 34:33 followed by David Saunders and Alex Garner. With the fastest bike split of the day by over 7 minutes (1:03:28) Robert Fletcher from TMG Horizon clawed back his deficit from run 1 and entered T2 with over 5 minutes in hand over second place. On the line Robert took the win in 2:00:54 with David Course 2nd (2:05:31) and Alex Garner 3rd (2:08:11). Bedford Harriers continued to have a good day in the ladies standard distance race. Melissa Burrell took the lead from the start and held it throughout finishing in 2:20:41. In 2nd, also from Bedford Harriers, Karen Robertson finished in 2:36:18 followed by Jane Hurt from Rugby Triathlon Club in 2:44:05. Cath Wiess and Stuart Wright took the win in the Standard Distance Relay race with a time of 2:09:21.



Standard Distance Lady's Podium.
Karen 2nd, Melissa 1st, Jane 3rd

The starting field for the sprint distance event boasted almost 3 times as many athletes as the standard and we were very pleased to see lots of people taking their first foray in to multisport

racing. Things were pretty quick at the front end of the race. Phil Melling led from the start with a 15:26 split for run 1 and finished in 1:07:06. Tom Greeves from Rugby Triathlon Club took 2nd spot with his time of 1:12:22 and Dominic Priest of Leamington Cycling and Athletic Club round off the top 3 in 1:16:34. Olney Runners & Olney Multisport AC had a great day in the lady's race taking 1st and 3rd spots on the podium. Jackie Ackers led from the off and took 1st place in a time of 1:32:32. Not bad for her first duathlon! In 2nd place Anna Hughes finished in 1:39:15 swiftly followed by Georgia Richardson in 1:39:20.



Sprint Distance Men's Podium.
Tom 2nd, Phil 1st, Dominic 3rd

All in all it was a great morning of racing in a stunningly beautiful location. We would like to thank all of the competitors and marshals for making it a successful event, our BTF Technical Official Jamie Gordon for helping us keep to everyone safe, the team at Castle Ashby House and Gardens for hosting us and, of course, Wellingborough Cycles for sponsoring the event.

Steve Adams

Race Director